



Caerleon Running Club ANNUAL GENERAL MEETING

**Thursday 20th April 2023 at 7pm, The Church Room, St Cadoc's Church,
Caerleon**

In attendance

Peter Rodger, Charlotte Moran, David Davies, Paul Adams, Jason Pritchard, Gareth Burkitt, Matt Turner, Wesley Harris, Gareth Purkis, Yangi Vundamina, Ryan Davies, Phil Cummings, Mark Hislop, Phil Seignot, Daniel Symmonds, Craig Hopkins, Anna Symmonds, Steve Dance, Phil Hyatt, Michelle Clabon, Chris Wreford, Matt Mulcahy, Ian Davies, Lyndon Mac, Liz Sims, Jane Derrick, Tony Derrick, Jasmine Arnold, Donna Dominy, Emma Wright, Karys Walsh, Peter Rowlands, Tammy Fry, Avisa Talemi, Kevin Howells, Sam Howells, Liz Richards, Tracy Cooper, Chris Ford, Neil Williams, and Michelle Osmond.

Apologies received from

Gwyn Howells, Stuart Dominy, Sian Jones, Andrew Taylor, Jade Wakley, Lloyd Hughes, Charlotte Leigh, Aisling Morgan, Maja Nowak, Pauline Beckett, Matt Tooby, Gareth Hart, Tom Newman, Claire Orford, Siwan Purkis, Vanessa Pritchard, Lowenna Taylor and Katie Kenward-Gibbs.

Welcome

The chairman welcomed everyone in attendance to the AGM. An issue was raised by Mark Hislop prior to the meeting that the club accounts should be made available in advance of the AGM. It was agreed that this would happen in 2024.

Additionally, it was suggested that nominations for elected officers should be made available in advance of the AGM along with any statements from nominees, as opposed to on the night. It was agreed that this would happen from 2024. It was also confirmed that following the conclusion of item 5 in this AGM, the meeting will be adjourned for 20 minutes to allow those in attendance to consider the statements submitted for this year's election of officers.

Chairmans report

The chairman delivered his annual report.

The chair thanked all members of the committee for the work they have put into the running of the club over the last year. A lot of work goes on in the background to keep the club going. He thanked all members of the club for their support over the last year and wished every success in their running for the next year.

A special mention was made about Helen Thomas who passed away in February after a long illness and will be sadly missed.

Reference was made to the club hosting its anniversary race in June, the first to be held in Caerleon since the Caerleon Fun Run, 20 years ago. The club will have teams in the Rack Raid, Welsh Castles Relay and Wyedean relays this year. Thanks were given to the members who take on the logistics and organisation of these events.

In the 2022 GLCL Road Race series the female team finished 5th with the male team finishing 8th. Matt Turner finished 1st in his age group, Jade Wakley 2nd in her age groups with Jasmine Arnold and Gwyn Howells finishing 3rd in their respective age groups. In the 2022/23 XC series the female and male teams finished 6th. Jasmine Arnold was 1st her age group, Tracy Cooper and Liz Richards were 2nd in their respective age groups, with Matt Turner finishing 3rd in his age group.

Jade Wakley and Charlotte Moran were selected to represent Wales in the British Masters in August 2022.

In the Rack Raid 2022, Caerleon A finished 7th with Caerleon B finishing 27th. At the Wydean relays, Caerleon teams finished 21st, 22nd and 23rd. The Caerleon RC Mixed team finished third in the East Wales Clubs Road Race Championship. Caerleon RC had marathon runners in Newport, London, Stockholm, Amsterdam, Snowdonia, Brighton, Edinburgh, and Yorkshire.

Treasurer's Report

The treasurer delivered his annual report. This forms Appendix 1 of these minutes. £5001 income last year.

The treasurer mentioned the increased costs across the board. This included GLCL overheads, venues, bibs and prizes. There was also an increase in costs of trophies for awards evening and training costs for new committee members and officials. The rebranding of the club website, introduction of the Heja app and membermojo fees have led to an overall increase in IT software costs.

A comment was made about the cost effectiveness of membership compared to Llisbury Runners. Paul Adams commented on how their race calendar and club night location structure is much more tuned to offsetting subscription costs. They receive significant revenue from the Llisbury 8 and can access the facilities at NISV without charge. They have well over 450 members, each paying £35.

It was suggested that a list should be kept of the kit the club has in stock, what is ordered and expenditure.

The issue of the cost of still using Caerleon RFC as a venue was raised again. It currently costs £400 per annum. It was noted that this has been discussed in previous AGMs and no viable alternative has been suggested. Members were encouraged to suggest any alternatives that they felt could be considered.

Subscription change proposal

Due to the consistent increase in costs mentioned in the treasurer's report, the treasurer put forward a proposal to raise the club annual subscription to £50 from 2024/25. Members at the AGM felt it was not fair to vote on this issue and that it should be an all-member vote. It was suggested that it could be done via email as it is not time sensitive.

It was proposed to consider this at the end of the year when costs are clearer. The constitution was checked to see what the current directive is regarding voting. It does not currently address this. It was agreed that the constitution needs to be updated and tightened up. A group of members will work on this and present this for ratification at an EGM in the future.

A point was raised about whether revenue from future versions of club races could negate the need for an increase in subscriptions.

The proposal was withdrawn by the treasurer to be readdressed later.

Committee change proposal

The secretary raised a proposal that arose following the committee meeting on March 8th, 2023. This proposal was to expand the membership of the committee by introducing two elected members.

The proposal was subject to a vote and unanimously passed.

Election of Officers

The following members were elected by single nomination.

Position	Nominee	Proposer	Seconder
Chairperson	Peter Rodger	Charlotte Moran	Elizabeth Richards
Club Captain (Female)	Elizabeth Richards	Gwyn Howells	Peter Rodger
Club Captain (Male)	Gareth Burkitt	Paul Adams	Gareth Purkis
Coaching Officer	Matt Turner	Gareth Burkitt	Gareth Purkis
Communications Officer	Paul Adams	Phil Cummings	Eddie McDaid
Welfare Officer (Female)	Pauline Beckett	Charlotte Moran	Paul Adams
Welfare Officer (Male)	Christian Ford	Michelle Clabon	Maddy Clabon
Social Secretary	Avisa Talemi	Donna Dominy	Karys Walsh

Two nominations were received for the position of Kit Officer

Nominee	Proposer	Seconder
Craig Hopkins	Gareth Purkis	Gareth Burkitt
Jane Derrick	Sam J Howells	Michelle Clabon

Following a vote amongst members present, Jane Derrick was confirmed as Kit Officer.

Three nominations were received for the two positions of elected committee member.

Nominee	Proposer	Seconder
Daniel Symmonds	Anna Symmonds	Paul Adams
Gareth Purkis	Gareth Burkitt	Charlotte Moran
Matt Mulcahy	Phil Hyatt	Michelle Clabon

Following a vote amongst members present, Daniel Symmonds and Gareth Purkis were confirmed as Elected Committee Members

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- Rack Raid teams and Welsh Castle Relay Teams were announced.
- Jason Pritchard raised the intention to have 3 co-current sessions on a Thursday that will be leader led. Matt Turner is already planning this. The need for leaders to be involved was reiterated. It was raised that it would be beneficial for experienced leaders to work with less experienced runners. This would enable skill sharing.
- Liz Richards highlighted that there appears to be little interest in LSRs. It was suggested that these stop until the autumn. A suggestion was raised by Matt Turner that having a once-a-month away day LSR could be good as these were popular.
- A conversation on 6.45pm/7.00pm start times for club nights took place. As in previous years comments were raised supporting change to the current format, and also supporting keeping the status quo. Format to remain.

AGM Closed at 8.52pm