

Caerleon Running Club Committee Meeting Minutes

31st August 2022, 7.00pm, YOBI

In attendance

Matt Tooby, Charlotte Moran, Dave Davies, Christian Ford, Suzanne Mainwaring, Liz Richards, Paul Adams, Matt Turner, Sam Howells and Katie Kenward-Gibbs.

1. Welcome and apologies

Apologies received from Kevin Howells.

2. Minutes from last meeting.

The issue with an updated code of conduct being linked to Member Mojo is now resolved. The new website is currently being reviewed by WordPress and will be ready to roll out imminently. Signs for club nights not ordered as questions were raised about who would put the signs out and collect them. The club struggles with volunteers as it is. No issues arose about excessive numbers attending the GLCL Road Race series, numbers were lower than expected.

3. Membership & Treasurer Update

The club now has 111 paid up members, 4 additional since June. The club account currently has a balance of £5800. There are some pending outgoings - £150 expenses for training fees and WA fees. Query was raised about reimbursement for purchases made to support club events (Rack Raid & Wyedean etc.) such as water. This was agreed on a discretionary basis.

4. Welfare Update

Club website shows out of date safeguarding links to old draft copies of policies. This needs to be changed. SM to forward the correct links. SM still awaiting return of DBS check and will complete the Time to Listen course on 1/9/22. Has already completed two safeguarding courses and is currently identifying the status of DBS checks for the LiRFs currently with the club. On the Time to Listen course, it was mentioned that members could consider informing the club or leaders of any health issues. It was suggested that the club could ask runners to wear a parkrun band or use a phone with emergency contacts (medical ID) stored. CF to organise a post regarding this.

5. CRC 20th Anniversary 2023

The anniversary month is June 2023. The club will look to organise and host a 10K race. Several routes were suggested including the Caerleon fun run and a 2010/Bulmore route. It was noted that this would need to be in the calendar at a time that didn't clash with other events such as Rack Raid, Castles and Swansea Half. It was suggested that Peter Rodger and Andrew Taylor could be consulted about potential routes. The possibility of using the fields and parking facilities of All Creatures Great & Small was raised. There was also a discussion about the old Campus to Campus route and whether there would

be a need for road closures. PA to speak with Martyn Jenkins and Christine Vorres to get some advice.

A post will be put on the Facebook members page to ask for volunteers to sit on a sub-committee to organise the anniversary activities. It was suggested using the hooped colour scheme of the old white vests for the anniversary kit. SH will check with the supplier. LR to provide vest/photo to SH. A further fun social event planned is an internal Llanhennock Loop clockwise and anticlockwise with prizes.

6. Membership survey responses

35 responses were received. An extensive discussion took place on how to respond. A response will be collated and sent to all members by email.

7. GLCL XC Fixture (Caerleon)

This is currently all in hand as much of the planning has already been done in preparation for the cancelled January fixture. LR to speak to the bowls club with respect to using the toilets. A meeting will take place in September of GLCL clubs to review the summer road series. CM mentioned the purchase of new sets of running chips has been advised by Paul Dodd to avoid any runner crossover/complications in the next series. This will incur a further cost to clubs.

8. Changing rooms and winter groups

The club will now start to use changing rooms at Caerleon RFC again. A notice will be put up on the Facebook members page. CM to contact key holders. The winter groupings and timings will stay the same. The tail runner will also remain.

9. Social events

Curry and Quiz night – September 16th. Notice to go out shortly. KG to investigate the Goldcroft or Ship for the Christmas event. The Run Dusty event takes place on September 10th, a number of club members have signed up for this. The Hot Dog and pint after the Caerleon Murder Mile went down well and perhaps a similar event could take place in winter.

10. **AOB**

• CF – Can we place a banner at Caerleon RFC to advertise the club?

Next Meeting - 26/10/22

Meeting closed at 8.55pm