

Caerleon Running Club Social Media Guidelines

The following safeguards are recommended to protect members from misuse of social media and to encourage mutual respect between its users:

Social Media Accounts & Administration

All club social media is administered by the Communications Officer upon consultation, where necessary, with the committee.

Social media accounts which are not administered by the club should not bear the club's name or logo and (if they include multiple members) are requested to state that are not protected by the Club's Constitution, Code of Conduct and Social Media Guidelines.

The Caerleon RC Members Facebook Page will be used for all official club notices, including those relating to events organised by the club. Non members should be encouraged to "like" and follow the Caerleon RC Public page as their primary source of information about club activities.

Caerleon RC Members Facebook Group should be used for communication between members only. They will not be visible or accessible to non members. Requests to join these groups will be checked against an up-to-date members list before being authorised or refused.

Members wishing to open accounts representing the club should receive authorisation from the committee before launching.

Posting / Interacting On Social Media - Do's & Don'ts

Do - think twice before posting. If you wouldn't want your employer, par-ents, friends, colleagues or future employer to see your post, don't postit.

Do - remember to be respectful and positive. Treat others the way youwould like to be treated.

Do - respect the many different people across a wide age range who will see your posts

Do - Be in the right state of mind when you make a post.

Don't - post when you're angry, upset, or your judgment is impaired in any way. Remember, the internet is permanent!

Don't - post inflammatory, extraneous, objectionable or off-topic messages that may provoke others into an emotional response (trolling/flaming).

Don't - post topics that may be controversial, like politics and religion.

Don't - post anything that you wouldn't say openly in a workplace such as comments about drug use, profanity, off-colour or sexual humour, ethnic slurs, or personal insults.

Final Safeguard

The Club's Welfare Officers shall reserve the right to delete any inappropriate post or comment within any club forum, without warning or notice.

Date: 16th March 2021